

## The Hong Kong College of Anaesthesiologists Final Fellowship Examination in Pain Medicine Written Examination Paper One (Compulsory Questions) 20 May 2023 (Saturday)

09:00 - 10:30 hrs

## Instructions:

- I. This Question Paper carriers a total of six short answer questions.
- II. Please answer **ALL** questions and they carry equal marks.
- III. Please write your answer for each question in the appropriate "Pre-labelled" Answer Book
- IV. Record your candidate number and question number on each answer book.
- V. Use ink or ball-point pen.

## **Compulsory Questions (answer all questions)**

- 1. Gender issues in pain management is a topic of research and clinical interest. Please summarise clinical implications, if any, of the current evidence.
- 2. You are reviewing a 36-year-old man with a history of long-standing lumbar pain. He is on long-acting oxycodone. During consultation he provided vivid descriptions of his pain experience. You are suspecting possible opioid diversion.
  - a) What is opioid diversion? What are the risk factors for opioid diversion? (30%)
  - b) What are the aspects in history and examination which suggest possible opioid diversion? (30%)
  - c) Briefly summarise your opioid management options for this person? (40%)
- 3. Discuss on the diagnosis (10%), prevalence (10%), and management issues (80%) for pain patients with borderline personality disorder.
- 4. An elderly patient with bilateral knee osteoarthritis would like to try acupuncture for her knee pain. She has been consulting you at the pain clinic for her pain and is currently taking various analgesic agents without significant effects. She is worried about the side effects of acupuncture and would like to know your advice.
- 5. Describe and explain the clinical signs and symptoms of painful DPN.
- 6. Pain measurement tools are available for children of all ages. How to assess pain severity in a child (60%)? What are the limitations(40%)?