

# Prehabilitation: Expanding the Role of Perioperative Medicine



14<sup>th</sup> January 2023 (Saturday)  
GMT+8 9:00 am - 12:45 pm  
ZOOM Webinar

CME points available

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## CHAIRMAN



**Dr. Henry Wong**  
Consultant  
Department of Anaesthesia and  
Intensive Care,  
Prince of Wales Hospital

## SPEAKERS



**Dr. Sean McManus**  
Chairman  
Perioperative Medicine Steering Committee  
ANZCA



**Dr. Bosco HM Ma**  
Consultant Geriatrician  
Deputy Team Head of Geriatrics Medicine  
Prince of Wales Hospital



**Dr. Rachel Aitken**  
Geriatrician and General Physician  
Royal Melbourne Hospital, Australia Lead for POPS  
(Perioperative care in Older Patients undergoing Surgery)  
and TOPS (Trauma in Older Persons Service)



**Dr. Carmen KM Lam**  
Consultant Anaesthetist  
Department of Anaesthesia and Operating Theatre Services  
Executive Partner, Quality and Safety Division, NTWC



**Dr. Charlie Qi Ding**  
Specialist in Geriatrics Medicine  
Physician lead for prehabilitation program  
in Shatin Geriatric Day Hospital



**Dr. Shannon Melissa Chan**  
Assistant Professor  
Division of UGI & Metabolic Surgery  
Department of Surgery  
The Chinese University of Hong Kong

## Re-engineering Perioperative Pathway

9:00 - 9:30 am	How to build perioperative service from scratch	Dr. Sean McManus
9:30 - 10:00 am	Perioperative medicine from a geriatrician's perspective	Dr. Rachel Aitken

## Prehabilitation and Preoperative Optimization

10:00 - 10:30 am	Go or not go? Should we proceed to surgery?	Dr. Sean McManus
10:30 - 11:00 am	How can geriatric syndromes help inform perioperative risk in older surgical patients	Dr. Rachel Aitken
11:00 - 11:30 am	Prehabilitation: More than just exercise (experience sharing session)	Dr. Dr Charlie Ding & Dr. Bosco Ma
11:30 - 12:15 pm	Perioperative CPEX in risk stratification and risk modifications. Where are we in HK?	Dr. Carmen Lam

12:15 - 12:45 pm	<b>Panel Discussion</b>
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