

The Hong Kong College of Anaesthesiologists

Diploma in Pain Management Examination

Paper Two (Scenarios)

26 October 2012 (Friday)

11:00 - 12:00

Instructions:

- I. There are TWO clinical scenarios; each scenario has three related short questions.
- II. Please answer ALL questions
- III. Please write your answer for each scenario in appropriately labelled answer books.
- IV. Record your candidate number and question number on each answer book.

Scenario A

A 23-year-old woman presents to the Pain Clinic with a 2-year history of constant left-sided orofacial pain and daily headache. The pain is described as burning and stabbing. The headache is like a tight band around her head. Her past history includes bilateral third molar extraction performed 1 year prior to the onset of the pain and recurrent ear infections and tonsillitis as a child requiring insertion of ventilating tubes on three occasions and adenotonsillectomy. There is a family history of migraine. Current medications include ibuprofen 400mg three times a day and Panadeine Forte up to 6 tablets a day.

- 1. What are the major somatosensory pathways from face and mouth and possible pathogenesis of orofacial pain?
- 2. Outline your differential diagnosis, indicating the key clinical features of each.
- 3. Comment on her current treatment regimen and indicate what changes you would make giving reasons why.

Scenario B

A 25-year-old healthy male who underwent a laparoscopic right inguinal hernia repair 4 years ago complains of persistent sharp, burning pain in the right groin area, base of the scrotum that shoots down his right testis. He was diagnosed with chronic post-surgical pain.

1. What is chronic post-surgical pain (CPSP)? What is the estimated incidence and what are the risk factors for its development?

He underwent multiple ilioinguinal nerve blocks with only temporary pain relief for a few hours. The patient then had right groin exploration with ilioinguinal nerve resection but was unsuccessful to relieve the pain.

- 2. What other nerve could be injured in laparoscopic herniorrhaphy? How do you make a diagnosis of neuropathic pain in this patient?
- 3. What are the treatment options?

End