



The Hong Kong College of Anaesthesiologists

Diploma in Pain Management Examination

Paper TWO

Monday, 03 November 2008, 11:00 h. – 12:00 h.

Instructions:

- I. There are TWO clinical scenarios; each scenario has three related short questions.
- II. Please **answer ALL** questions
- III. Please write your answer for each scenario in appropriately labelled answer books.
- IV. Record your candidate number and question number on each answer book.

Scenario A

You are consulted to manage a 50 year old man who suffered 20% burns on the face and torso 1 week ago. He has a tracheostomy for the management of upper airway obstruction, and is currently in the intensive care unit. The nurses observed that he is very distressed during dressing changes.

- Q1. Discuss the difficulties of assessing pain intensity in this patient.
- Q2. What may be the psychosocial issues for this patient?
- Q3. Discuss options for pain relief during the dressing change.

Scenario B

A 14 year old girl presents with a 4 month history of right foot and ankle pain following a minor eversion injury of her right ankle whilst participating in gymnastics. She has allodynia and is unable to weight bear through the right foot. She has not attended school for several weeks. Plain X ray did not demonstrate any abnormality.

- Q4. What other history and physical findings will be useful?
- Q5. What further investigations may be performed and what would you expect them to demonstrate?
- Q6. Outline your management plan.

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