



The Hong Kong College of Anaesthesiologists

Diploma in Pain Management Examination

Paper One (Short Questions)

18 October 2013 (Friday)

09:00 – 10:00

Instructions:

- I. The Question Paper carries a total of eight short answer questions.
- II. Please answer **six** questions only and they carry equal marks.
- III. Questions **1-4** are **compulsory**. Candidates can choose to answer **2 questions** from Questions **5-8**.
- IV. Please write your answer for each question in the appropriate "Pre-labelled" Answer Book.
- V. Record your candidate number and question number on each answer book.

Compulsory questions (answer all questions):

1. Discuss why pain is often poorly managed in the older adult (age >65).
2. Explain the term 'Red Flags' in back pain assessment. List the red flags and explain the significance of each.
3. Summarize the differences between paediatric and adult pain management.
4. Outline the possible mechanisms for central post-stroke pain and management plan.

Non-compulsory questions (answer any 2 questions):

5. Explain the mechanisms of action of serotonin and noradrenaline reuptake inhibitors in chronic pain management
6. Give an overview of the potential roles of glial cells in the mechanisms underlying chronic pain.
7. Define "whiplash-associated disorder". Outline the controversy of this diagnosis among neck pain patients.
8. What is "piriformis syndrome"? Outline its diagnosis and treatment.

End