

The Hong Kong College of Anaesthesiologists Final Fellowship Examination in Pain Medicine Written Examination Paper One (Compulsory Questions) 9 June 2017 (Friday)

09:00 - 10:30 hrs

Instructions:

- I. This Question Paper carriers a total of six short answer questions.
- II. Please answer **ALL** questions and they carry equal marks.
- III. Please write your answer for each question in the appropriate "Pre-labelled" Answer Book
- IV. Record your candidate number and question number on each answer book.
- V. Use ink or ball-point pen.

Compulsory Questions (answer all questions)

- 1. Give an account on the pharmacological agents used in the treatment of neuropathic pain based on their mechanisms of action, including an evidence-based recommendation for each drug class.
- 2. Draw the WHO analgesic ladder (25%).

 Discuss the application of the WHO analgesic ladder (75%)
- Discuss the pathogenesis and mechanisms underlying persistent pain following joint replacement surgery. Include a discussion of risk factors and possible clinical predictive assessments.
- 4. What are the obstacles to effective acute pain management in a patient with opioid dependency? Please explain how these obstacles are managed.
- 5. Outline the barriers preventing the use of analgesics for cancer pain management.
- 6. A 25-year old nulliparous woman presents to your pain clinic at 16 weeks gestation of her first pregnancy. Her primary complaint is of lumbo-sacral pain of intensity of 6/10 on a numerical rating scale with no radiation and aching in character. She has taken frequent sick leave from her job as a secretary and has difficulty managing housework. She is anxious about the cause of pain and worried about labour pain.

Discuss the bio-psycho-social influences on the perception of pain during pregnancy. Describe how you will manage this patient.