

## HONG KONG COLLEGE OF ANAESTHESIOLOGISTS

### DIPLOMA OF FELLOWSHIP

# FINAL FELLOWSHIP (INTENSIVE CARE) SHORT ANSWER PAPER

15 Questions

WEDNESDAY, 8th APRIL 2009

9.00 am - 11:30 am

### **NOTICE**

- (A) Write your answers in the books provided.
- (B) Start **each answer** on a **new page** and **indicate the question number**. It is not necessary to rewrite the question in your answer book.
- (C) You should answer each question in **ten minutes** or less.
- (D) The questions are worth equal marks.
- (E) Record your number on the cover of each book and hand in all books.

### ANSWER THE FOLLOWING

- 1. Describe the management of a patient suffering > 30% burns affecting the face, forearms and trunk.
- 2. How would you evaluate a new intervention which has been shown to be effective in improving outcome in sepsis in a single randomized trial? What factors would you consider before giving such a treatment to your septic patient in your ICU?
- 3. Define heat exhaustion and heat stroke. Describe the pathophysiology and outline the management of your patient with heat stroke.
- 4. Briefly outline the predictors of unfavourable neurological prognosis in patients with anoxic encephalopathy.
- 5. You received a cardiac arrest call from the antenatal ward for the resuscitation of a pregnant lady at 32 weeks' gestation. Outline the necessary modifications

in the cardiopulmonary resuscitation of this lady. What are the differential diagnoses for the cause of the cardiac arrest?

- 6. You are going to insert a cannula to provide venous access for continuous renal replacement therapy for a patient. Discuss the advantages and disadvantages of the different sites of venous access. How would the physical characteristics of the catheter affect its performance?
- 7. Critically evaluate the role of a Clinical Information System in intensive care.
- 8. Outline the management of acute pulmonary oedema.
- 9. Discuss the pros and cons of using colloids in critically ill patients.
- 10. Write short notes on the use of the following drugs in intensive care:
  - (a) levosimendan
  - (b) clopidogrel
  - (c) esomeprazole
- 11. Outline the management of massive hemoptysis.
- 12. List the causes of hypophosphatemia. Discuss the implications of severe hypophosphatemia in the intensive care and describe your management.
- 13. Discuss the management of calcium channel blocker overdose.
- 14. A 45 year old patient with acute myeloid leukemia after induction chemotherapy is admitted to your intensive care with neutropenic sepsis. He has a Hickman line. The CXR shows bilateral infiltrates. He has no sputum. He is fully awake, HR 130 per minute, BP 120/50 mmHg, respiratory rate 45 per minute and saturation 96% on a non rebreathing mask. He is passing adequate urine and has a mild metabolic acidosis with pH 7.33 pCO2 2.8kPa and base excess –4. Outline the principles of your management of this patient.
- 15. Compare and contrast the pulmonary artery flotation catheter and the pulse contour analysis PICCO as hemodynamic monitoring tools in the intensive care.