THE HONG KONG COLLEGE OF ANAESTHESIOLOGISTS NEWSLETTER

FOR MEMBERS



VOL 2:2

SEPTEMBER 1993

Editor:

Chandra Rodrigo Honorary Deputy Secretary

Sub Editor:

Denis Fitzpatrick

All correspondence should be addressed to the College Secratariat, Department of Anaesthesiology, Queen Mary Hospital, Pokfulam Road, Hong Kong.

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THE NEW COUNCIL

President: Dr. Ronald Lo - Chief of Anaesthesia, Queen Mary Hospital.

1st Vice President: Dr. John Low - Senior Lecturer in Anaesthesia and Intensive Care,

The Chinese University of Hong Kong.

2nd Vice President: Dr. S. Anandaciva - Consultant in Anaesthesiology, Tuen Mun Hospital.

Secretary : Dr. Arthur So - Consultant in Anaesthesiology, Kwong Wah Hospital.

Deputy Secretary: Dr. Chandra Rodrigo - Senior Lecturer in Anaesthesiology, Dental

Faculty, The University of Hong Kong.

Treasurer : Dr. C.T. Hung - Consultant in Anaesthesiology, Queen Elizabeth

Hospital.

Deputy Treasurer: Dr. John Low - Senior Lecturer in Anaesthesia and Intensive Care.

The Chinese University of Hong Kong.

Council Members: Dr. Cindy Aun - Senior Lecturer in Anaesthesia and Intensive Care,

The Chinese University of Hong Kong.

Colonel Ivan Houghton - Consultant in Anaesthesia and Resuscitation,

British Military Hospital.

Dr. Lllian Lau - Consultant in Anaesthesiology, Tuen Mun Hospital.

Dr. Joseph Lui - Senior Medical Officer in Anaesthesiology,

Grantham Hospital.

Professor Teik E Oh - Professor and Chairman of Department of

Anaesthesia and Intensive Care, Prince of Wales Hospital.

Dr. Andrea O'Regan - Senior Medical Officer in Anaesthesiology,

Queen Mary Hospital.

Dr. Edwin Tong - Senior Medical Officer in Anaesthesiology,

Queen Mary Hospital.

Dr. Clement Yuan - Consultant in Anaesthesiology,

United Christian Hospital.

EDITORIAL

From Chandra Rodrigo:

Dissemination of news of the activities of the core of the College to the members of our College is of great importance to the progress of Our College. In order to enhance this, the council has decided to publish the newsletter every three months. Similarly it is of importance to those involved in the core activities of the College to receive the opinions of our members on the work carried out by the College. Thus in order to voice the opinion of the members, to get more information of the members and to enhance communications either way the next newsletter will have an Editorial Board with representatives from anaesthetic departments of each major hospital. Through this Editorial Board we hope to encourage members not only to voice their opinions on College matters but to promulgate news, such as their experiences in research, critical incidents, new techniques and so on which they think would be useful to the other members of the College through the Newsletter.

PRESIDENT'S MESSAGE

From Ronald Lo:

This is the first Newsletter of the College since the Annual General Meeting (AGM) and the subsequent Council elections. The information with respect to the AGM and the election to College Council is published elsewhere in this bulletin. I am priviledged to be writing for the Newsletter as President. May I take this opportunity to thank our immediate Past-President, Prof. T.E. Oh, and the outgoing Council for their hard work and contribution. I would like also to warmly welcome the new Council Members who have committed themselves to no mean tasks ahead. I know how busy everyone is, and I particularly want to thank them for offering their valuable time and talents to the College.

The main thrust of our activities in the immediate future should be the establishment of our own Fellowship examinations together with the accreditation of training positions in hospitals. The College also faces the imminent foundation of the Academy of Medicine and the related activities.

As you know, the Guidelines for safe practice have been produced and published. These and the conditions of accreditation of training positions will form the basis for the standards of our practice, in addition to our own professional integrity and self-discipline in the pursuit of clinical excellence. It is hoped that all Fellows and Members will uphold professional standards clearly and put our College in a position of strength amongst other Colleges, both locally and overseas.

Your Council has decided that due to the poor response for material for a College Journal, the publication of such a journal has been indefinitely postponed. However, the College Newsletter will be upgraded to include not only College news, but also items of clinical and/or academic interest, and to function as a forum of professional exchange. The next issue of the Newsletter will be in the revised format and I thank Dr. Chandra Rodrigo, the Editor who is working very hard to bring these changes to you. Without the contribution from Fellows and Members to the various sections, this Newsletter cannot serve its intended functions and everybody's contribution is not only most welcome but essential to make it a useful and successful publication of the College.

I look forward to the Newsletter serving you all effectively. Do give us the feed-back that is needed.

NEWS FROM THE COUNCIL

From Arthur So:

At the 33rd Council meeting held on 2 June 1993, the office bearers of the Council were elected.

The Foundation Ceremony of the Academy of Medicine is expected to take place on the 9th of December 1993. The Council has invited Professor Spence from UK, Professor Clarke from Ireland and Professor Hodgson from Australia as our College quests for the ceremony.

Dr. S.L. Tsui was appointed Course organiser for Primary Fellowship Courses and Dr. C.T.Hung for the Final Fellowship Courses as the previous organisers stepped down to give the other members a chance to organise them.

All major hospitals have submitted their applications for accreditation. College inspection will commence around September/October, 1993.

In order to seek exemption from the compulsory year prefellowship training in the United Kingdom for our trainees, Prof. A. Spence and Dr. D. Browne of the Royal College of Anaesthetists will be inspecting some major hospitals from 13-18 August 1993, at the invitation of the College.

The Council has decided to hold two scientific meetings, one on pain management on the 23rd of September, which will be organised on behalf of the Council by Dr. Cindy Aun and another on the 8th of December 1993, which will be organised on behalf of the Council by Dr. Joseph Lui.

It was decided to publish the College Newsletter quarterly.

The Council decided to abandon the idea of publishing a College Journal due to the lack of sufficient articles of quality and due to the Academy of Medicine deciding to publish a journal incoorporating articles from members of all Colleges. Members and Fellows who still wish to share their experiences in a College publication are welcome to submit their articles to the newsletter.

NEWS FROM THE TREASURY

From C.T. Hung:

The College will be ordering the "ASA Refresher Course Lectures 1993" to be distributed, as before, to the Fellows and Members of the College. As the book is expensive, only paid-up Fellows and Members will receive their complimentary copy. If you have not paid your annual Fellowship or Membership dues for 1993, please do so before October in order to receive a complimentary copy. Notices reminding the payment of fees will be sent to those who have still not paid the annual fee.

NEWS FROM THE BOARDS AND COMMITTEES

BOARD OF EXAMINATION

Dr. T. Gin (Chairman)
Dr. C. Aun
Dr. R. Lo
Professor T.E. Oh
President Ex officio

President Ex officio Secretary Ex officio

From Tony Gin:

Since the preparation last year of the administrative instructions for examinations, further planning has awaited the results of discussions with the ANZCA and RCA. With the recent change in ANZCA regulations, anaesthesiology is the only major specialty that requires some time spent in an overseas training post before completing postgraduate training. This will obviously put anaesthesiology at a severe disadvantage in recruiting trainees, and it is important to establish the HKCA examinations as soon as possible. Although it would be ideal to have some measure of reciprocity with another anaesthetic body, this goal is unrealistic. by past experience in Singapore and Malaysia, a joint examination is unlikely. Despite the association Hong Kong has had with the ANZCA, recent changes in their requirements for training and in the format of their examinations would make collaboration difficult. Following discussions initiated by Professor Teik Oh, the RCA will be sending Professor Alastair Spence and Dr. Doreen Browne, (respectively, President and Chairman of Examinations for the RCA) to inspect Hong Kong hospitals in August. It is unlikely that there will be any reciprocity in examinations with the RCA although it would be prudent to wait for the results of the inspection. Planning for the HKCA examinations will proceed in the next few months and a timetable for the examinations in 1994 will be available soon. I envisage the HKCA examinations to be in two parts and with external examiners.

BOARD OF ACCREDITATION

Dr. C. Yuan (Chairman)

Dr. C.T. Hung

Dr. L. Lau

Dr. A. O'Reagan

Dr. J. Wong

President Ex officio Secretary Ex officio

From Clement Yuan:

The first six months of 1993 has been taken up with preparations for the inspection of hospitals by the College.

An inspection programme has been drawn up and members of the Board will inspect each hospital for accreditation of training in anaesthesiology. Two inspectors shall visit those hospitals whose applications have been received by the College. The process will take place in September because of the impending visit of Professor Alistair Spence and Dr. Doreen Browne in August 13-18th to inspect Hong Kong public hospitals with a view to accrediting them for the Royal College of Anaesthetists (U.K.).

Dr. Joyce Wong will be assessing the manpower requirements in Departments of Anaesthesia with reference to the training of anaesthetists and the auditing procedures that are a prerequisite for the accreditation of training by both the ANZCA, RCA(UK), and our College. We have Dr. A. O'Regan and Dr. C.T. Hung who were instrumental in drawing up the Guidelines for the College and for the Society of Anaesthetists of Hong Kong and they will form part of the inspection team. Dr. A. O'Regan's guidelines committee will focus on the following new guidelines during the coming year: "Duties of the Anaesthesiologists" "Clinical Audit/Quality Assurance", "Patients' Rights", and "Pain Management".

Another feature of our work will be the establishment of a trainee register and supervisor register for the College. This will commence after details of the accreditation results are known, delivered to and approved by the Council. It is expected that much of the work of the Board of Accreditation will be accomplished before the inauguration of the Academy of Medicine in early December this year. Fellows and members of the College are welcome to help with any aspect of our work. You are welcome to give your views and write in.

COMMITTEE ON REVISION OF PUBLICATIONS AND GUIDELINES

Dr. A. O'Regan (Chairman)

Dr. R. LO Joy-wah

Dr. C. Yuan

Dr. J. Lui Cho-ze

Dr. W.N. Tong

From Andrea O'Regan:

The first meeting is scheduled for late July where specific areas to be addressed over the coming year will be decided. Among others, possible areas of attention include pain management services and quality assurance in anaesthesia. It is anticipated that working groups will be formed which will co-opt fellows who are active in the area to be addressed.

Further details will be circulated in the next newsletter.

I would like to take this opportunity to thank the outgoing members of the committee Dr. Grace LEI Mun-yee and Dr. Annie WONG Kam-ying; who were instrumental in formulating the first series of HKCA guidelines and acknowledge the ground work done by the HKSA in providing the templates on which many of the

initial guidelines have been based.

Any fellows interested in contributing to this committee, please do not hesitate to contact me.

COMMITTEE ON MANPOWER

Dr. J. Wong (Chairman)

Dr. S. Anandaciva

Dr. R. Lo

Dr. J.M. Low

Dr. A.P.C. So

Dr. S.L. Tsui

Dr. D. Woo

COMMITTEE ON RESUSCITATION

Dr. T.M. Moles (Chairman)

Dr. T. Gin

Dr. R. Lo

Dr. C. Rodrigo

Dr. H. So

CONGREGATIONS

From: Cindy Aun

The eighth congregation was convened on the 20th May 1993, at the Chater Room of the Royal Hong Kong Jockey Club in Happy Valley. Fellowships were conferred on eight graduands, and two anaesthetists were admitted as members. Among the guests of honour were Dr. the Hon. C.H. Leung, and the Presidents or their deputies from all the other colleges. The congregation was followed by a scientific meeting at which Professor Graham Smith, the Professor of Anaesthesia at the University of Leicester, and the Editor of the British Journal of Anaesthesia gave a talk entitled "Recent Advances in Anaesthesia and the Oesophagus". Over eighty fellows and members attended the meeting. The meeting was sponsored by Syntex Pharmaceuticals.

SCIENTIFIC MEETINGS

From Cindy Aun

A Symposium on Chronic Pain organised by our College will be held on the evening of the 23rd September 1993 in the Four Seasons Ballroom of the New World Hotel. The guest speaker will be Dr. David Cherry, Director of the Pain Management Unit at the Flinders Medical Centre, Adelaide. He will be giving an "Overview on Chronic Pain". Dr. K.K. Lam will speak on "Neurophysiology of Chronic Pain" and Dr. S.L. Tsui will share

his Hong Kong experience on the "Management of Chronic Pain". The latter two speakers are from Hong Kong. The meeting is to be kindly sponsored by Astra Pharmaceuticals and invitations will be sent out in due course.

From Joseph Lui

A Scientific Meeting organised by our College will be held on the 8th of December 1993. The speakers will be Professor A.A.Spence, President of the Royal College of Anaesthetists of U.K., Professor R.Clarke, Dean of the Faculty of Anaesthetists in Ireland and Dr.M.Hodgson, President of the Australia and New Zealand College of Anaesthtists. The topics of the meeting have not been finalised but most probably will be related to the training and education of anaesthetists. The time, venue and the topics will be circulated in due course.

COURSES

PART I

From S.L. Tsui

In an attempt to enhance the performance of Hong Kong candidates in the Part I FANZCA Examination, the Hong Kong College of Anaesthesiologists is organising a comprehensive course comprising of 4 parts:

- 1. INFORMATIVE SYSTEMATIC LECTURES September to November 1993. Please refer to the programme in pages 11-16.
- 2. A CRASH COURSE CONDUCTED BY A ANZCA TUTOR January 1994
- 3. TRAINING IN ANSWERING WRITTEN EXAMINATION QUESTIONS September to December 1993: at least one past examination question per week is to be done by part I candidates at home and submitted to a tutor. The marked answer with comments made by the tutor will be returned to candidates to improve their examination techniques.
- 4. TRAINING ON ORAL EXAMINATIONS to be conducted after the written examination. The performance of each candidate will be assessed with the aid of video facilities.

PART II

From C.T. Hung

The Final FFA Course for 1993-94 will start in late September 93 and will run till December. As there is a considerable change in the format of the FANZCA Final Examination, the local Final Course may have to be modified in line with the change of examination format. Details of the Course are still being worked out and the programme will be publicised when it is ready.

ACADEMY OF MEDICINE

Hong Kong Academy of Medicine will be temporarily housed at Lady Trench Clinic until a permanent home is built at Wong Nei Chung with integral facilities for the Colleges. Our College has applied to be a Foundation College. College fellows may be invited to become Foundation Fellows. The Foundation Ceremony is expected to take place on the 9th of December 1993. Professor A.A. Spence, the President of the College of Anaesthetists of U.K., Professor R. Clarke, the Dean of the Faculty of Anaesthetists in Ireland and Dr. M. Hodgeson, the President of the Australia and New Zealand College of Anaesthetists will be our College guests for the ceremony.

From: David Fang

Update on HKAM Foundation Fund

As the Hong Kong Academy of Medicine Foundation Fund (HKAMFF) approaches the end of the second year since its incorporation, it is my pleasure to keep you informed, with the following concise update, on the latest developments regarding the Foundation Fund.

Fund-Raising

The total amount of funds raised by the HKAMFF, as at the end of May 1993, was \$20,193,563, being:

Cash Donation	ıs					17,467,470
Proceeds from	the	Opera	:	March	92	1,357,985
Proceeds from	the	Walk	:	May	92	1,368,108

In August 1992, the Government confirmed its financial commitment, in real monetary terms, of up to a maximum of \$10m. In order to encourage fund-raising efforts by the Academy and the Foundation, this grant is to be made in matching steps of \$1M for every \$10m raised. The first instalment of the grant, at \$1m, was received by the Academy in January 1993.

The next fund-raising event will be a joint venture with the Kwan Fong Charitable Foundation, under the auspices of Mrs Katie Yang (the veteran actress Ms Fong Yim Fun), and Mrs Maria Lee. It will be in the form of a Cantonese opera production and will be staged at the Hong Kong Cultural Centre on Thursday and Friday, 6 and 7 January 1994.

An application has been made to the Royal Hong Kong Jockey Club for a grant of the capital costs of building. It is being most sympathetically considered. A positive outcome will depend on a confirmed land grant from the Government.

There are also various pledges from HKAMFF Patrons which have yet to materialize, subject to mutual agreement on the manner of recognition. These we will definitely pursue with great diligence in the coming months.

Financial Requirements

The Academy temporary and permanent headquarters establishment/building programmes will now cost close to \$121m. This will be the new target for the HKAMFF Fund Raising Committee, even before setting aside any sum for recurrent expenditure.

It is hoped that you will keep members of your respective college informed of the above developments. Please continue to encourage them to consider further supporting the Academy and its Foundation Fund through financial contributions large and small. We have an ample stock of donation pledge cards (a sample copy is enclosed) which we can supply to you for dissemination among your members.

Donation Pledge Cards:

To: Chairman Hong Kong Academy of Medicine Foundation Fund Suite 243, Shui On Centre 8 Harbour Road, Hong Kong			
I wish to donate HK\$ to the HKAMFF.			
Enclosed please find cheque no made payable			
to THE HONG KONG ACADEMY OF MEDICINE FOUNDATION FUND.			
Signature Date			
Name Tel No			
Address for Receipt Issue			

COLLEGE TIE

The college tie is now available and can be purchased from the College Secretariat by sending a cheque in favour of the Hong Kong College of Anaesthesiologists for HK\$ 65.00

INFORMATIVE SYSTEMATIC LECTURES PART 1 FANZCA EXAMINATION

Date:

4 September 1993

Venue:

Queen Mary Hospital: Audiovisual Section of K2 Doctors' Common Room

Time:

14:30 to 18:00

14:30 - 15:30	Preparation for Part I FANZCA Examination
	Dr. Andrea O'Regan (QMH)
15:30 - 16:30	Respiration I - lung volumes, mechanics of breathing, control of breathing.
	Dr. J. Ronald Lo (QMH)
17:00 - 18:00	Respiration II - gaseous exchange and transport, pulmonary circulation.
	Dr. J. Ronald Lo (QMH)

Date:

11 September 1993

Venue:

Prince of Wales Hospital: 3/F Seminar Room, Clinical

Science Building

Time:

14:30 to 18:00

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14:30 - 15:30	Respiration III - oxygen therapy, mechanical ventilation and humidification. Professor T.E. Oh (PWH)
15:30 - 16:30	Respiration IV - respiratory failure, pharmacological treatment. Dr. Amy Cho (PWH)
17:00 - 18:00	Cardiovascular system I - Peripheral circulation, haemodynamic and cardiovascular monitoring (clinical measurement). Dr. John Low (PWH)

Date: 18 September 1993

Queen Mary Hospital: Audiovisual Section of K2 Doctors' Common Room Venue:

Time: 14:30 to 18:00

14:30 - 15:30	Cardiovascular system II - heart, cardiac physiology, mechanical aspect (pressure-volume curves) Dr. C.P. Lau (Cardiologist, UMU/QMH)
15:30 - 16:30	Cardiovascular system III - Electrophysiology, ECG, arrhythmia and antiarrhythmic drugs Dr. Y.T. Tai (Cardiologist, UMU/QMH)
17:00 - 18:00	Cardiovascular system IV - cardiac failure, cardiac pharmacology (excluding antiarrhythmic drugs) Dr. Joseph C.S. Lui (Grantham Hospital)

25 September 1993 Date:

Queen Mary Hospital: Audiovisual Section of K2 Doctors' Common Room Venue:

Time: 14:30 to 18:00

14:30 - 15:30	Renal physiology and diuretics
	Dr. Michael Irwin (DTCH)
15:30 - 16:30	Endocrine physiology and pharmacology
	Dr. Andrea O'Regan (QMH)
17:00 - 18:00	Body fluids, electrolytes, acid-base and principles of fluid and electrolyte therapy
	Dr. C.S. Lam (PMH)

Date: 2 October 1993

Venue: Queen Mary Hospital: Audiovisual Section of K2

Doctors' Common Room

Time: 14:30 to 18:00

14:30 - 15:30	Pain physiology, analgesics
	Dr. S.L. Tsui (QMH)
15:30 - 16:30	Nerve transmission and local anaesthetics
	Dr. C.S. Lam (QMH)
17:00 - 18:00	Neuromuscular transmission, muscle relaxants and monitoring of NMB
	Dr. W.N. Tong (QMH)

Date: 9 October 1993

Venue: Prince of Wales Hospital: 3/F Seminar Room, Clinical

Science Building

Time: 14:30 to 18:00

14:30 - 15:30	General pharmacology I
	Dr. T. Short (PWH)
15:30 - 16:30	General pharmacology II
	Dr. K.K. Lam (PWH)
17:00 - 18:00	Central nervous system I - Neurophysiology, CSF dynamics, electrophysiological monitoring of CNS
	Dr. P. Au Yeung (PWH)

Date: 16 October 1993

Kwong Wah Hospital: 10/F Lecture Theatre, New Wing Venue:

Time: 14:30 to 19:00

14:30 - 15:30	General anaesthetics I - inhalational anaesthetics Dr. P. Prasad (KWH)			
	DI. F. Flasau (KWII)			
15:30 - 16:30	General anaesthetics II - intravenous anaesthetics			
	Dr. N. Yoga (KWH)			
17:00 - 18:00	Autonomic nervous system: physiology and pharmacology Dr. Campbell (PPDH)			
18:00 - 19:00	Central nervous system II - CNS drugs: hypnotics, sedatives, antipsychotic, antidepressant, anticonvulsants Dr. Agnes W.M. Cheng (PMH)			

Date: 30 October 1993

Queen Mary Hospital: Audiovisual Section of K2 Doctors' Common Room Venue:

Time: 14:30 to 16:30

14:30 - 15:30	Physics and clinical measurement II - measurement of flow, gas concentrations and pressures Dr. T.S. Sze (QMH)
15:30 - 16:30	Physics and clinical measurement I - general principles, physical principles and mathematical concepts as applied to physiological functions. Applied/clinical radiation physics Dr. K.M. Ho (QMH)
17:00 - 18:00	Nutrition, metabolism, parenteral nutrition, temperature regulation Dr. C.K. Koo (QEH)

Date: 6 November 1993

Queen Mary Hospital: Audiovisual Section of K2 Doctors' Common Room Venue:

Time: 14:30 to 18:00

14:30 - 15:30	Pregnancy: physiology and pharmacology
	Dr. S. Joyce Wong (QMH)
15:30 - 16:30	Haematology, coagulation, transfusion of blood and components Dr. E. Chiu (Haematologist, UMU, QMH)
17:00 - 18:00	Hepatobiliary system, digestion and absorption of nutrients Dr. C.L. Watt (QEH)

20 November 1993 Date:

Prince of Wales Hospital: 3/F Seminar Room, Clinical Venue:

Science Building

Time: 14:30 to 18:00

14:30 - 15:30	Paediatric and neonatal physiology and pharmacology
14	Dr. Cindy Aun (PWH)
15:30 - 16:30	Gastrointestinal physiology, vomiting, and antiemetics
	Dr. H.Y. So (PWH)
17:00 - 18:00	Cellular physiology, biophysics, biological potentials
	Dr. Karl Young (PWH)

Date: 27 November 1993

Prince of Wales Hospital: 3/F Seminar Room, Clinical Science Building

Time: 14:30 to 18:00

14:30 - 15:30	Evaluation of pulmonary function (including clinical measurement)
	Dr. I. Tan (PWH)
15:30 - 16:30	Immune physiology and pharmacology
	Dr. P.T. Chui (PWH)
17:00 - 18:00	Statistics
	Dr. Tony Gin (PWH)

HONG KONG COLLEGE OF ANAESTHESIOLOGISTS 1993 COURSE FOR PART I FANZCA EXAMINATION

APPLICATION FORM

NAME:	(CHINESE)
HKID # :	<u> </u>
SEX: M	/ F
MEMBER OF H	HONG KONG COLLEGE OF ANAESTHESIOLOGISTS: Y / N
CURRENT API	POINTMENT:
HOSPITAL/DI	EPARTMENT:
CORRESPOND	ENCE ADDRESS:
TELEPHONE:	-
OFFICE:	, HOME:, FAX:
	CHARGE FOR SYSTEMATIC LECTURES & ESSAY TRAINING: HKCA MEMBERS: HK\$ 300.00 OTHER APPLICANTS: HK4 500.00
Dear Sir,	
COURSE FOR	apply for the following items of the 1993 HKCA PART 1 FANZCA Examination through the Supervisor of my Hospital/Institution:
1. System	matic lectures
2. Train	ing on answering Essay Questions
	d enclosed cheque of HK\$ (payable to COLLEGE OF ANAESTHESIOLOGISTS) as the charges for d 2.
Yours since	erely,
(Dr.	

GET YOUR COLLEAGUES TO JOIN THE HKCA:

APPLICATION TO BE CONSIDERED FOR MEMBERSHIP OF THE HONG KONG COLLEGE OF ANAESTHESIOLOGISTS

I wish to be considered for membership of the Hong Kong College of Anaesthesiologists. I understand that all applicants will be considered for membership as Members in the first instance. Eligible members will be admitted to the fellowship in due course.

Family Name (Block Capitals)
Forenames
Current Appointment(s)
Current Hospital(s) Affiliation
Office/Group Address
Home Address
Telephone (Work) Telephone (Home)
Pager Facsimile
Date of Birth ID Card No Sex M F
Degrees and Qualifications
I append my curriculum vitae on the attached proforma (or on separate sheet as necessary)

Date

Signed

			s supporte llege of <i>P</i>												70	F	'e	Τī	.0	WS	5	01			
1.	Name	(Block	capitals)					• •	•	٠.		•	• •	٠.	•	•:•	(•)		15.			•11	•	•	•
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The application is to be returned to the Hong Kong College of Anaesthesiologists, Department of Anaesthesia and Intensive Care, Prince of Wales Hospital, Shatin N.T.

CURRICULUM VITAE OF

		T					
Basic Medical Qualifications			ersity/Exa l	Dates (M & Y)			
Specialist Qualifications			ege/Univer	Dates (M & Y)			
House/Intern Appts	Hospial	Town	Country	From (M	I & Y) To		
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M&HO/SHO/Res	ident/Re	gistra	r/Demonst	rator	-		
SM&HO/Senio: Provisional	r Registr Fellow/L	ar/Sen ecture	ior Reside r	ent/			
Consultant/Sen	ior Lectu	rer/Pr	 ivate Pra	ctice et	ic		

I certify that the above is a true record

Signature

REGISTER OF MEMBERS

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- 1. Aitken, Alistair William
- 2. Allison, Jean Marie
- 3. Anandaciva, Sathasivam
- 4. Au, Tak-kwan, Eileen
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- 6. Au Yeung, Kin-wah
- 7. Au Yeung, Yick-chor
- 8. Aun, Cindy Sui-tee
- 9. Aung, Saw-nanda

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- 122. Philip, Aroquiasamy Emmanuel

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- 126. Roy, Mita
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- 154. Wong, Wai-lik, Alex
- 155. Wong, Wai-lin, William

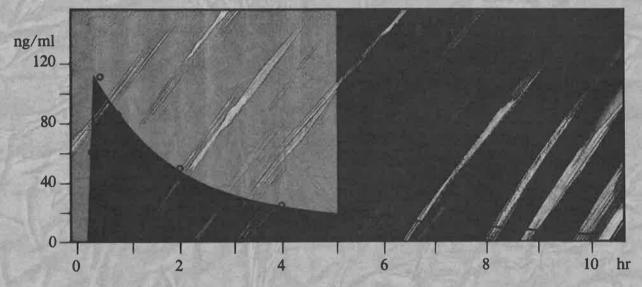
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- 160. Yau, Hok-man, Gordon
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- 162. Yogasakaran, Bhuwaneswari Sivakumarie
- 163. Yogasakaran, Namasivayam
- 164. Young, Kang, Karl
- 165. Yow, Chee-kong
- 166. Yuan, Clement
- * Names in bold are of those admitted ad eundem as Fellows

sleep starter rmic

Asleep Refreshed within minutes the next morning



Mean plasma concentrations of midazolam in 8 subjects after administration of one 15-mg tablet of Cormicum. 60-80% of the active ingredient is metabolized to a hydroxy midazolam. This metabolite is then rapidly bound to glucuronic acid and excreted renally. The minimum effective concentration observed by Crevoisier et al. was 30-100 ng/ml. The mean level is 65 ng/ml.

Composition

Midazolam

Indications

Disturbances of sleep rhythm and all forms of insomnia, particularly difficulty in falling asleep.

Precautions

(Dormicum) is not indicated for primary therapy of insomnia in psychosis and severe depression. In such cases the underlying disorder should be treated first.

As with other sedative drugs, caution is recommended in patients with organic brain damage, severe respiratory insufficiency or whose general health is not good (increased drug sensitivity).

When therapy is continued with high doses over a long period, habituation may develop in predisposed patients, as with all sleep-inducing agents, sedatives and tranquilizers.

Attention is also drawn to the general medical principle that no drugs should be administered in the early-stages of pregnancy except where absolutely necessary.

When used in accordance with instructions no negative residual effects have been observed. Patients should be warned not to drive a vehicle or operate dangerous machinery in the first four to six hours after taking the drug.

Standard Dosage

1 tablet (15 mg).

The same dosage can be given to elderly patients.

If required, a second dose (1/2-1 tablet) can be given later the same night. Because of its rapid onset of action, (Dormicum) should be taken immediately before retiring. The tablet should be swallowed whole with a little fluid.

After a few nights of successful treatment with the standard dosage, 1/2 tablet is frequently sufficient.

Side effects

(Dormicum) is well tolerated and has a wide therapeutic margin. No changes in the blood picture or in hepatic or renal function have been observed.

The rare side effects are due to the sedative effect of the drug, and are dose-dependent. They generally disappear on reduction of the dose.

Packs

Tablets (scored) 15 mg.

30, 100

Reference

1. Crevoisier, C., Ziegler, W.H., Eckert, M., Heizmann, P.: Relationship between Plasma Concentration and Effect of Midazolam after Oral and Intravenous Administration. BrJ Clin Pharmacol 16, 51S-61S (1983).

Further details are available on request.



Roche Pharmaceuticals & Chemicals Ltd., P.O. Box 98593,

Tsim Sha Tsui Post Office, Hong Kong.