

**THE HONG KONG  
COLLEGE OF ANAESTHESIOLOGISTS  
NEWSLETTER  
FOR MEMBERS**



**VOL I : 1**

**JANUARY 1992**

**Editor:**

Chandra Rodrigo  
Honorary Deputy Secretary

All correspondence  
should be addressed to  
the College Secretariat,  
Department of Anaesthesia  
and Intensive Care, Prince  
of Wales Hospital, Shatin,  
New Territories.

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## **THE FIRST ELECTED COUNCIL**

- President** : **Professor Teik E. Oh** -Professor of Anaesthesiology and Intensive Care, Chinese University of Hong Kong. (and Censor-in-Chief)
- 1st Vice President** : **Dr. S. Anandaciva** - Consultant in Anaesthesiology, Tuen Mun Hospital.
- 2nd Vice President** : **Dr. M. Moles** - Reader in Anaesthesiology, Dental Faculty, University of Hong Kong.
- Secretary** : **Col Ivan Houghton** - Consultant in Anaesthesiology, British Military Hospital.
- Deputy Secretary** : **Dr. Chandra Rodrigo** - Senior Lecturer in Anaesthesiology, Dental Faculty, University of Hong Kong.
- Treasurer** : **Dr. John Low** - Senior Lecturer in Anaesthesiology, Chinese University of Hong Kong.
- Deputy Treasurer** : **Dr. Amy Cho** - Senior Medical Officer in Anaesthesiology, Prince of Wales Hospital.
- Council Members** : **Dr. Cindy Aun** - Senior Lecturer in Anaesthesiology, Chinese University of Hong Kong.
- Dr. Tony Gin** - Senior Lecturer in Anaesthesiology, Chinese University of Hong Kong. (Chairman, Board of Examinations)
- Dr. D. Jones** - Senior Lecturer in Anaesthesiology, University of Hong Kong. (Chairman, Board of Education)
- Dr. Ronald Lo** - Consultant in Anaesthesiology, Queen Mary Hospital.
- Dr. Andrea O'Regan** - Senior Medical Officer in Anaesthesiology, Queen Mary Hospital.
- Dr. D.A. Sudhaman** - Consultant in Anaesthesiology, Grantham Hospital.
- Dr. Joyce Wong** - Consultant in Anaesthesiology, Queen Mary Hospital.
- Dr. Clement Yuan** - Consultant in Anaesthesiology, United Christian Hospital. (Chairman, Board of Accreditation)

## THE FIRST ELECTED COUNCIL

President	Dr. E. O. O'Brien - Professor of Anaesthesiology and Intensive Care, Chinese University of Hong Kong (1982-1985)
1st Vice President	Dr. M. S. Sze - Consultant in Anaesthesiology, Prince of Wales Hospital
2nd Vice President	Dr. M. S. Sze - Consultant in Anaesthesiology, Prince of Wales Hospital
Secretary	Dr. J. S. Sze - Consultant in Anaesthesiology, Prince of Wales Hospital

## EDITORIAL

### *From Chandra Rodrigo:*

The birth of the Hong Kong College of Anaesthesiologists is an advancement in the field of Anaesthesiology in Hong Kong. For the healthy growth of this newborn College active participation of its members will be essential. To facilitate and encourage such participation, this newsletter intends to disseminate news about the core activities of the College namely that of the council, boards and committees and future scientific meetings, to all the members of the College. In addition the newsletter will serve as a forum for constructive debate and discussion of contentious issues thus providing every opportunity for all members to be actively involved in the affairs of the College. It is **OUR** College. **WE** must work together to make our College one of the best amongst the Colleges of Anaesthesiologists in the world; one in which we may take pride in being a member.

## **PRESIDENT'S MESSAGE**

### ***From Professor Teik Oh:***

It is a pleasure to address my fellow members as the President of the first elected council of the Hong Kong College of Anaesthesiologists. This is the first of a regular series of College Newsletters edited by Dr. Chandra Rodrigo, Deputy Secretary. It serves to disseminate College news and resolutions to all Fellows and Members.

The College as at November 1991 has now 145 Members of whom 108 have been admitted *adeundem* as Fellows. A full list of Fellows and Members are enclosed elsewhere in this Newsletter. With the founding of the Hong Kong Academy of Medicine, the names of all Fellows will be submitted to the Academy for consideration to be admitted as Fellows of the Academy. This Fellowship of the Academy is a prerequisite for registration on the future Hong Kong Specialist Register.

The process of founding the Hong Kong Academy of Medicine is currently in the hands of the law drafters. Legislation to enact the Academy is expected to be considered in early 1992.

Council resolved to hold the first College examination in 1993. The Australian & New Zealand College of Anaesthetists (previously the Faculty of Anaesthetists RACS) have indicated that they will withdraw from examining the Primary examination in Hong Kong after 1993. Preliminary discussions have taken place between the President and the College of Anaesthetists UK and the Irish Faculty to hold their examinations in Hong Kong after 1993 either independently or jointly with the College. The College training and examinations are being formulated by the Board of Education and Board of Examinations.

A Manpower Working party was established under the Chairmanship of Dr. Joyce Wong to look at the present status and future needs for anaesthesiologists and intensivists in Hong Kong. A Policies Guidelines Working Party was established under the Chairmanship of Dr. Andrea O'Regan to draft College policies on standards and delivery of care. A committee on resuscitation was established with Dr. Michael Moles as the Chairman for the purpose of instructing, examining and certifying individuals in resuscitation. If any Fellow/Member has any suggestions, please contact the above Fellows at the College Secretariat.

On behalf of the Council, I wish to thank Roche Pharmaceuticals and Chemicals Ltd. for sponsoring the news letter and wish our members, all the best wishes for the New Year.



## **NEWS FROM THE COUNCIL**

### ***From Ivan Houghton:***

Council has met twice since the Extraordinary General meeting in September 1991.

The Companies Ordinance requires that the next Annual General Meeting must be held not later than mid May 1992. It was decided to award an Honorary Fellowship to Professor W Runciman on this occasion.

Because of the short period between the September 1991 Extraordinary General meeting and the April/May 1992 Annual General Meeting and to provide continuity and less turbulence, Council decided that the current members of the Council should remain in office without further election until the Annual General Meeting in April/May 1993. Further it was decided that from 1993 a council elected will remain in office for two years.

Council hopes that all Fellows and Members will be inducted into the College formally with the award of the Fellowship Diploma or Membership certificate by the President at a College Congregation. However, it is realised that personal commitments may not always permit attendance at a Congregation. Where a Fellow or Member, has been invited to attend two congregations but unable to attend either or requests to post the certificate to the individual, Council has decided that after the individual signs and returns the oath of allegiance to the College, the Diploma or Certificate may be dispatched by registered post to the individual.

Dr. Cindy Aun has been appointed Protocol Officer for the award of Fellowships and Memberships during a congregation. Council has determined that the appropriate head dress should be worn by Fellows with their academic dress.

It was decided that a journal should be published by the College, initially once per year. Dr RDM Jones was requested to be its editor to which he agreed.

Council appointed a committee for the Revision and Publication of Guidelines under the Chairmanship of Dr. Andrea O'Regan, a committee for Manpower Study under the Chairmanship of Dr. Joyce Wong and a committee for Resuscitation under the Chairmanship of Dr. Michael Moles.

A course for the instruction, examination and certification of general practitioners in basic cardio-pulmonary and cerebral resuscitation was organised by Dr. Michael Moles and Dr. Chandra Rodrigo on behalf of the council.

Council is making preparations for the first Fellowship examinations of the College to take place in 1993. The curricula for the Part 1 and Part 2 examinations is expected to be available in the early part of 1992.

Council is proposing that the College will maintain a Register of Fellows who are prepared to be approached by solicitors to act as expert witnesses. Inclusion on the Register will not be prerequisite to being an expert witness, nor does inclusion or exclusion imply endorsement or otherwise by the College. Further details will be

circulated to all Fellows shortly.

The manufacture of a College tie has been commissioned. It is in the College colour of oxygenated haemoglobin with a stripe of black topped with white above and below the College badge.

## **NEWS FROM THE BOARDS AND COMMITTEES**

### ***BOARD OF CENSORS***

Professor T E Oh (Chairman and Censor in Chief)

Dr. CK Chan

Dr. CS Chan

Dr. TW Lee

Dr. R Lo

Dr. DA Sudhaman

Dr. C Yuan

President Ex officio

Secretary Ex officio

### ***From Professor Teik Oh:***

The Board of Censors, advises the Council on the eligibility and admission of applicants and on the class of membership to which they are to be admitted.

This Board is responsible to the Council for scrutiny of the credentials of candidates in terms of compliance with the criteria for admission to each class of membership of the College; after due consideration, recommendations of the Board are submitted to the full Council for final determination as to candidates' admission as Members or Fellows.

Criteria for admission as Fellows are set out in the College Byelaws. A Fellow admitted *ad eundem* (i.e. without examination but in respect of another higher qualification) is required to be a recognized graduate of at least 8 years standing, to have completed at least 6 years full-time training in anaesthesia or intensive care in recognized hospitals and to be in possession of a higher diploma of the Royal Colleges, Colleges or Faculties of England, Ireland, Australasia, Canada and South Africa, the higher qualifications of the American Board of Anaesthesiology or of the Singapore, Malaysia or European Academy of Medicine or Anaesthesia. Other diplomas and time spent in private practice may be considered by the Board on an individual basis.

From time to time the College may also, in recognition of merit, admit Fellows by election and, in recognition of distinguished contribution to the pursuits of the College, may admit Honorary Fellows. The 1991 AGM admitted two candidates as Honorary Fellows, Professor William Runciman, Australia and Professor Michael Vickers, UK.

## **BOARD OF EDUCATION**

Dr. RDM Jones (Chairman)

Dr. C Aun

Dr. T Gin

Dr. R Lo

Dr. MRC Rodrigo

Dr. SJ Wong

President Ex officio

Secretary Ex officio

### ***From Doug Jones:***

The Board of Education had its inaugural meeting at the end of August this year. The Board determined that the following broad objectives should all be within its terms of reference:

- \* curriculum for the Fellowship
- \* continuing medical education and re-certification
- \* public awareness of anaesthesia and the anaesthetists role
- \* undergraduate education in anaesthesia
- \* educational liaison with the Peoples Republic of China and other Regional College Boards
- \* commencement of a scientific journal
- \* other matters related to anaesthesia and education in Hong Kong

The Board felt that the first priority was to establish curricula for the first and second parts of the Fellowship. This is currently nearing completion and includes a number of innovative ideas which we hope will produce anaesthetists that are well equipped to take over the mantle of education in anaesthesia in the future. The third meeting of the Board will be held soon to determine the Boards priorities for 1992.

## **BOARD OF EXAMINERS**

Dr. T Gin (Chairman)

Dr. C Aun

Dr. RDM Jones

Dr. R Lo

Professor TE Oh

President Ex officio

Secretary Ex officio



### ***From Tony Gin:***

Persons who wish to become specialist anaesthesiologists are required to undertake a structured programme of training and assessment. The Board of Examinations is responsible for the syllabus, methodology and regulation of the examinations which form part of the assessment.

The examinations are administered by the Hong Kong College of Anaesthesiologists also on behalf of the Academy of Medicine. The College would recommend to the Academy that a candidate, after fulfilling the examination and training requirements, be admitted as a Fellow of the Academy of Medicine.

Overtures have been made by the Hong Kong College of Anaesthesiologists to the Faculty of Anaesthetists of the Royal Australasian College of Surgeons, Faculty of Anaesthetists of the Royal College of Surgeons in Ireland and the College of Anaesthetists of Great Britain concerning reciprocity of examinations. The final format of the examinations will thus depend partly on the result of these negotiations. In June 1991, the Medical Council of Hong Kong requested information concerning the entry regulations and format of the proposed examinations. The preliminary Administrative Instructions drafted by the Board were subsequently forwarded to the Medical Council.

It is envisioned that there will be two examinations and a six year training requirement after the basic medical qualification. The subjects examined in the Part I examination will be Physiology (including clinical measurement) and Pharmacology (including statistics). There is allowance for exemption from the Part I examination for those trainees that have passed an equivalent examination. The subjects examined in the Part II examination will be Anaesthesia, Intensive Care, Applied Anatomy, Medicine, Surgery, Organization and Management.

The Court of Examiners will be appointed by the Board of Examination and will include external examiners. Our aim is to hold the first examinations in 1993.

### ***BOARD OF ACCREDITATION***

Dr. C Yuan (Chairman)  
Dr. S Anandaciva  
Dr. CT Hung  
Dr. RDM Jones  
Dr. J Wong  
Professor TE Oh  
President Ex officio  
Secretary Ex officio

### ***From Clement Yuan:***

The Board of Accreditation has its role of approving training posts as part of an anaesthetic training programme. Regulations are being drawn up to inform hospitals of the criteria for approval of training in anaesthesia. The Board of Accreditation evaluates both the quality and quantity of training which can be provided by each hospital or institution and thus can determine each hospital or institution's contribution to an

organised anaesthetic training programme.

Much of the experience of accrediting hospitals for training has come from the inspection process that the Faculty of Anaesthetists of R.A.C.S. has carried out particularly with Hong Kong public hospitals over the past twenty years or more. Past Deans such as the late Bill Crosby and Ross Holland have been instrumental in bringing the facilities and training process in Hong Kong to the Australasian standards of practice and thus standards in many hospitals can be compared with overseas institutions. I venture to say that private hospitals are not excluded in the application for training posts provided they meet the criteria for approved training.

A fundamental and important role of the Board of Accreditation is to audit the training programmes in Hong Kong and to assess training in overseas institutions as being suitable for inclusion in the training programme of a trainee in question. Close liaison with the Board of Censors, the Board of Examinations and the Board of Education is inevitable before a resolution is made before Council. Thus a training register and a register of an esthetists with Fellowships and experience that will approve them as supervisors of training are required.

At present the regulations on training posts in anaesthesia and intensive care have been drafted with significant contribution from Professor Ross Holland, the former Chairman. Future work involves production of a cohesive set of administrative instructions regarding the approval of training posts. Following this there will be a set of policy documents detailing the currently accepted conduct of anaesthetic practices in various situations. The emphasis of the Board of Accreditation is the maintenance of an internationally acceptable standard of anaesthetic practice in Hong Kong which is reflected in the contents of the anaesthetic training programme in Hong Kong.

### **COMMITTEE ON REVISION OF PUBLICATIONS AND GUIDELINES**

Dr. A O'Regan (Chairman)  
Dr. A Wong Kam-ying  
Dr. G Lei Mun-yee

#### ***From Andrea O'Regan:***

As the existing guidelines were recently issued it is unlikely any revision will be necessary. The committee will therefore address the question as to whether further guidelines are needed at this stage, begin the process of arranging publication of these guidelines in a suitable format for distribution to members of the college. It is envisaged that this should be completed in the first part of 1992.

## **COMMITTEE ON MANPOWER STUDY**

Dr. J Wong (Chairman)  
Dr. S Anandaciva  
Dr. R Lo  
Dr. JM Low  
Dr. APC So  
Dr. SL Tsui  
Dr. D Woo

### ***From Joyce Wong:***

The above committee was established to determine the manpower requirements in Anaesthesia. The Manpower Committee will examine staffing levels required in both public and private sectors over the coming five to ten years in Hong Kong.

## **COMMITTEE ON RESUSCITATION**

Dr. TM Moles  
Dr. T Gin  
Dr. D Jones  
Dr. R Lo  
Dr. MRC Rodrigo

### ***From Michael Moles:***

The aims of the committee are,

- \* to promote the role of the College as advisor and auditor in professional and paraprofessional training, in protocols and programmes BLS/ALS CPR, CPCR,
- \* to establish liaison with professional and paramedical organizations involved in BLS/ALS CPR teaching, training and accreditation at both local and parent body level,
- \* to establish liaison with government and NGO bodies involved in BLS/ALS CPR training programmes for public service personnel; in particular: Fire/Ambulance Paramedics, Ambulance and other specialized rescue organizations; Police; Public transport and utilities and educational authorities at both secondary and tertiary level,
- \* to identify and develop, within the College, resources for liaison and promulgation of these objectives,

- \* to identify and develop, without the College, resources for sponsorship, promotion and promulgation of these objectives.

## **NEWS OF CONGREGATIONS**

The sixth congregation of the college, chaired by Professor Teik E Oh, was held on the Friday the 13th of December 1991 at the Hon Kong Jockey Club in Happy Valley. Thirty Anaesthesiologists were admitted *adeundem* to the college as Fellows and thirteen Anaesthesiologists were admitted to the college as members. Chief guest was Brigadier J. Restall who delivered a lecture on Anaesthesia in a War Zone. The meeting was sponsored by Roche Pharmaceuticals and Chemicals Ltd.

## **ACADEMIC ACTIVITIES**

A copy of the American Society of Anaesthesiologists Refresher Course 1991 was distributed to all fellows and members. If you have not received your copy you will be able to obtain it by writing to the College Secretariat.

## **ASSOCIATED EVENTS**

A joint post graduate course on Basic Cardio Pulmonary (Cerebral) Resuscitation for General Practitioners was held by the Hong Kong College of Anaesthesiology and the Hong Kong College of General Practitioners on Saturdays 14th and 21st of December 1991 at the Prince Philip Dental Hospital. The co - ordinators were Dr. Michael Moles and Dr. Chandra Rodrigo.

## **COLLEGE TIE**

The college tie is now available and can be purchased from the College Secretariat by sending a cheque in favour of the Hong Kong College of Anaesthesiologists for HK\$ 65/-

## **USE OF POST-NOMINAL LETTERS**

The use of post-nominal letters by medical practitioners registered in Hong Kong by the Medical Council of Hong Kong is determined by the Medical Ordinance on the recommendation of the Medical Council of Hong Kong. The Council, itself, is advised by a Committee chaired by Dr CH Leong.

The use of the letters FFARCS has been approved for those who were awarded the

diploma of the Fellowship of the Faculty of Anaesthetists of the Royal College of Surgeons of England prior to the incorporation of the College of Anaesthetists in the Royal College of Surgeons of England.

The use of the letters FC Anaes has been approved for those entitled to the letters FFARCS (but both may not be used simultaneously) and by those awarded the diploma of Fellow of the College of Anaesthetists in the Royal College of Surgeons of England.

The Hong Kong College of Anaesthesiologists applied to the Medical Council for permission for its Fellows to use the post nominal letters FHKCA in May 1991. However the matter is still awaiting decision by the relevant authority.

## **FUTURE EVENTS**

Crash Course for the Part I (Primary) Fellowship Examination will be held on Saturdays 25th of January and 1st of February 1992. Any enquiries should be directed to Dr. Cindy Aun and Dr. Joyce Wong who are organising it on behalf of the College.

Crash Course for the Part II (Final) Fellowship Examination will be held on Saturdays 22nd and 29th of February 1992. Any enquiries should be directed to Dr. Chandra Rodrigo who is organising it on behalf of the College.

The next Annual General Meeting and the 7th Congregation will be held in April. The exact dates will be notified later.

## **LOST PROPERTY**

One pair of tortoise shell simulated spectacles have been left behind following the sixth congregation at the Chater Room of the Hong Kong Jockey Club. Owner please contact the College Secretariat.

- L -

74. Lai, Fung-ming
75. Lai, Kin-ming
76. Lam, May-sien, Amy
77. Lau, Lai-lin, Lillian
78. Lay, Maung-maung, Clive
79. Lecamwasam, Indra Manel
80. Lee, Doreen
81. Lee, Kai-wai, Dick
82. Lee, Tsun-woon
83. Lei, Grace Mun-yee
84. Lett, Zoltan
85. Leung, Chung-cheung
86. Lew, Ho-cheun, Kian Leong
87. Li, Kai-chung
88. Lim, Henry, Hoe-teong
89. Liu, Tak-chiu
90. Lo, Ronald Joy-wah
91. Loong, Lai-wan, George Young
92. Low, John Matthew Say-woon
93. Lu Edwin Wan-hay
94. Lui, Cho-ze, Joseph
95. Lwin, Kyaw-nyunt

- M -

96. McLarend, Iain McDonald
97. Menon, Manavelil Ramakrishna Bhaskar
98. Moles, Thomas Michael
99. Morais, Rex Joseph
100. Muchhal, Kamal Kishore
101. Mui, Sing-yun, Kevin

- N -

102. Ng, Kin-pong
103. Nihalsinghe, Kalyani

- O -

104. Oh, Teik-ewe
105. O'Meara, Moira
106. Onsiong, Meng-keong
107. O'Regan, Andrea Margaret

- P -

108. Perara, Mary Sylvia (née Subramanian)
109. Philip, Aroquiasamy Emmanuel

- R -

110. Rajendram, Selvadurai



111. **Ray, Ajit Kumar**
112. **Rodrigo, Muhandiramge Raveendranath Chandrakumar**
113. Roy, Niranjana

- S -

114. Saw, Beng-kong
115. Searie, Kenneth Charles
116. **Short, Timothy Gordon**
117. **Shu, Karl-kai**
118. So, Hing-yu
119. So, Ping-cham, Arthur
120. **Subramanian, Krishnapuram Ramakrishnan**
121. **Sudhaman, Devasirvadam Arul**
122. **Sun, Kai-on**
123. Sung, Man-ling

- T -

124. Tan, Boo-kong
125. Than, Khynn-mya
126. Tiwari, Brij Bushan
127. **Tong, Wai-nung, Edwin**
128. **Tse, Shing-lam**
129. Tsui, Siu-lun

- W -

130. Wong, Cecilia
131. Wong, Diana
132. **Wong, Kai-kong**
133. **Wong, Kam-ying, Annie**
134. **Wong, Wai-lin, William**
135. **Wong, Susan Joyce**
136. **Woo, Chiu-shui, Dominic**
137. **Wu, Ching-ying, Amy**
138. **Wu, Ho-yuen**

- Y -

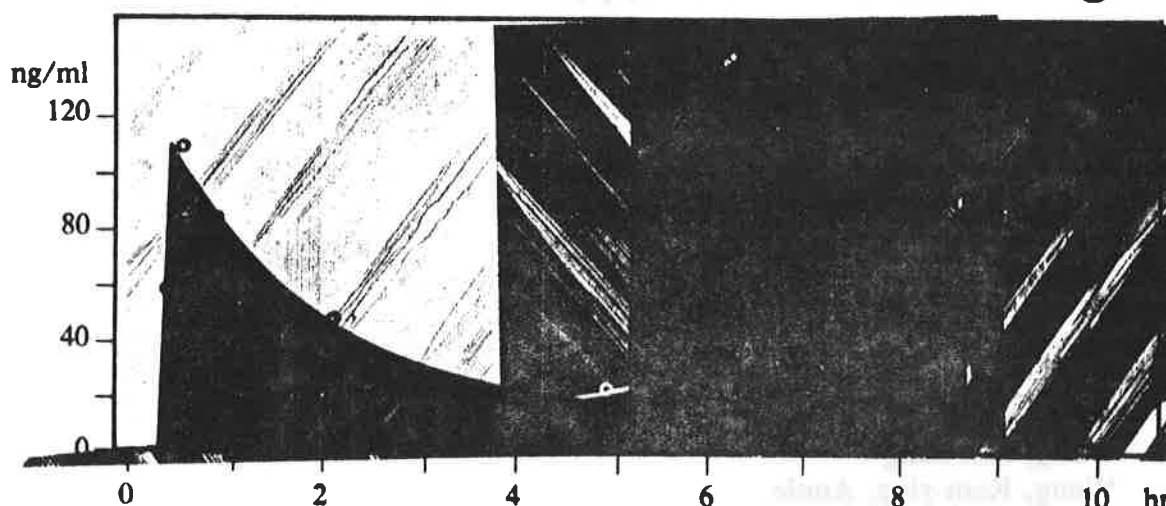
139. **Yau, Hok-man, Gordon**
140. **Yeung, Man-lee**
141. **Yogasakaran, Bhuwaneswari Sivakumarie**
142. **Yogasakaran, Namasivayam**
143. **Young, Kang, Karl**
144. **Yow, Chee-kong**
145. **Yuan, Clement**

\* Names in bold are of those admitted ad eundem as Fellows

# The sleep starter <Dormicum>

midazolam Trade Mark

Asleep      Refreshed  
within minutes      the next morning



Mean plasma concentrations of midazolam in 8 subjects after administration of one 15-mg tablet of <Dormicum>. 60-80% of the active ingredient is metabolized to  $\alpha$ -hydroxy midazolam. This metabolite is then rapidly bound to glucuronic acid and excreted renally. The minimum effective concentration observed by Crevoisier et al.<sup>1</sup> was 30-100 ng/ml. The mean level is 65 ng/ml.

#### Composition

Midazolam

#### Indications

Disturbances of sleep rhythm and all forms of insomnia, particularly difficulty in falling asleep.

#### Precautions

<Dormicum> is not indicated for primary therapy of insomnia in psychosis and severe depression. In such cases the underlying disorder should be treated first.

As with other sedative drugs, caution is recommended in patients with organic brain damage, severe respiratory insufficiency or whose general health is not good (increased drug sensitivity). When therapy is continued with high doses over a long period, habituation may develop in predisposed patients, as with all sleep-inducing agents, sedatives and tranquilizers.

Attention is also drawn to the general medical principle that no drugs should be administered in the early stages of pregnancy except where absolutely necessary.

When used in accordance with instructions no negative residual effects have been observed. Patients should be warned not to drive a vehicle or operate dangerous machinery in the first four to six hours after taking the drug.

#### Standard Dosage

1 tablet (15 mg).

The same dosage can be given to elderly patients.

If required, a second dose ( $\frac{1}{2}$ -1 tablet) can be given later the same night. Because of its rapid onset of action, <Dormicum> should be taken immediately before retiring. The tablet should be swallowed whole with a little fluid.

After a few nights of successful treatment with the standard dosage,  $\frac{1}{2}$  tablet is frequently sufficient.

#### Side effects

<Dormicum> is well tolerated and has a wide therapeutic margin. No changes in the blood picture or in hepatic or renal function have been observed.

The rare side effects are due to the sedative effect of the drug, and are dose-dependent. They generally disappear on reduction of the dose.

#### Packs

Tablets (scored) 15 mg.

30, 100

#### Reference

1. Crevoisier, C., Ziegler, W.H., Eckert, M., Heizmann, P.: Relationship between Plasma Concentration and Effect of Midazolam after Oral and Intravenous Administration. *Br J Clin Pharmacol* 16, 51S-61S (1983).

Further details are available on request.



**Roche Pharmaceuticals & Chemicals Ltd.,**  
P.O. Box 98593,  
Tsim Sha Tsui Post Office, Hong Kong.