



THE HONG KONG COLLEGE OF ANAESTHESIOLOGISTS

December 1995

NEWSLETTER

Editor : Dr. T.W. Lee

Contents : --

Message from the President

Reports from Boards and Committees

Highlights of Council Meetings

Hong Kong Academy of Medicine

New Appointments

New Members and Fellows

Examination Successes

Stop Press



Message from President :

After years of hard preparatory work, the long-awaited inaugural Final Examination of our College was launched in September 1995. Seven local trainees attempted the examination. Four of them passed. All of these four candidates took and passed the Final FANZCA examination as well. This is very reassuring on the standard of our examination, especially when this is an independent examination quite unlike the conjoint examination of other local Colleges. The comments from our External Examiners, Prof. Peter Klineberg (ANZCA) and Prof Leo Strunin (RCA) on the examination were very encouraging. Although much time and effort had been spent on making the examination come true, these efforts are very essential and will prove to be very worthwhile for the progress and maturation of our College. Much efforts are still needed to gain international recognition for our intermediate and final examinations. I would like to take this opportunity to thank the Board of Examination, the Court of Examiners and all those who have contributed in making this inaugural examination so successful.

With the creation of the register of trainees, the appointment of Supervisors of Training and the setting up of a Supervisor of Training Subcommittee under the Board of Education, the anaesthesia training programme is now up and about. Although there is still substantial discussion lately about the training programme, the main purpose is to fine-tune the programme to suit local situations and yet ensuring that trainees will get wide and adequate exposure in different fields of anaesthesia. College has a duty here to look after the interests of trainees regarding training. The respective Supervisors of Training, representing College on training matters at Hospital level, has to make sure that trainees' interests are being taken care of as much as possible. Problems or irregularities severely affecting training which cannot be settled at Hospital level can then be brought up at College level for discussion or further action. The Board of Education will look into this area.

In the last newsletter, I have mentioned that College is looking into the feasibility of organising "intensive care training" programme. The other area that the College will be looking into is training in pain management. A Pain management Committee has been formed under the Council and Prof. J. Yang has been appointed by the Council to chair this committee. This committee will report to the Council on the setting up of pain management training programmes and its relevant certification.

As this will be last Newsletter for year 1995, I would like to wish you all a Merry Christmas and a Happy New Year, and all the best for the year 1996.

Dr. C.T. Hung
8th November 1995.

Reports from Boards & Committee

Intensive Care Committee

Chairman: Dr. Tom Buckley

The objectives of the Intensive Care Committee of the Hong Kong College of Anaesthesiologists are three-fold: 1) to increase membership of the HKCA in the subspecialty of intensive care, 2) to provide avenues of training in intensive care through the HKCA and 3) to promote a career infrastructure in intensive care for hospitals in Hong Kong. Throughout 1995 this committee has worked to develop a suitable training programme in intensive care medicine with the aim of awarding through examination the Fellowship in Intensive Care (FHKCA(IC)). Principal problems at the moment revolve around amendment of the College by-laws to enable recognition of the Fellowship in Intensive Care and ratification by the Hong Kong Academy of Medicine.

The principal areas developed so far include qualifications for admission *ad eundem*, accreditation of Intensive Care Units and outlining an appropriate training programme. Future developments will revolve around development of administrative instructions, the appointment of Supervisors of Training and refining of the programme.

Board of Accreditation

Chairman: Dr. Clement Yuan

1. Two institutions were inspected for the first time Ruttonjee/Tung Wah Eastern/TSK group and Yan Chai Hospital in March and June 1995 respectively. These approvals were as follows:-

HOSPITAL	No. of approved Anaes. posts	Duration of training	Restrictions & ICU approvals	Approval Date
Ruttonjee Tung Wah Eastern Tang Shiu Kin Hospitals Groups	One	6-12 months for trainees rotated there in the 1st yr of training	1. Improve recovery area in TWEH 2. Increase senior staffing 3. ICU not approved 4. Expand Day/Eye Surgery	1.1.1995
Yan Chai	Two to include ICU training	1 year of anaesthesia	1. Increase senior staff to 5 2. ICU approved 3-6 mths	1.7.1995

2. Four hospitals were re-inspected (PYNEH, Caritas Medical Centre, PMH and TMH), Results of their inspection are as follows:-

HOSPITAL	No. of approved Anaes. posts	Duration of training	Restrictions & ICU approvals	Approval Date
PYNEH	6+1 ICU posts or 5+2 ICU posts	2 years	1. No restrictions 2. ICU posts approved for 3-12 months	1.1.1995

Caritas	Two	2 years	ICU not approved	1.1.1995
Princess Margaret Hospital	Five	2 years	1. Improve recovery area 2. Improve CME time 3. 1 ICU post approved for 3-12 months	1.7.1995
Tuen Man Hospital	Eight including 1 or 2 ICU posts: 7+1 ICU post or 6+2 ICU posts	2 years	1. To increase senior staff by 2.6 FTE 2. ICU posts approved for 3-12 months	1.7.1995

3. Revision of the criteria for the approval of training posts, now includes possible increases in the number of training posts in a ratio of not more than 3 training posts for every 2 specialist anaesthesiologists in the Department (ICU included), if other criteria were fully met. However, Council of the College decides on the actual number approved.
4. A fundamental determination was made to have the approved training period in anaesthesiology applicable only to the 48 months of clinical anaesthesia as stated in the Board of Education programme for the six-year training programme. The elective options (maximum period of 15 months) could also be undertaken in the hospital from which the trainee anaesthesiologist had originally started. The elective options could be undertaken in anaesthesia or ICU or other fields approved by the Council. Where ICU was approved for training, three months shall count to the compulsory ICU training period, with the remainder of approved ICU training as elective optional period of training.
5. Re-inspection of QMH, QEH, PWH, KWH, UCH and Grantham Hospital will be made shortly.

Guidelines Committee

Chairperson: Dr. Anne Kwan

The Hong Kong College of Anaesthesiologists Policy Documents are available on floppy disks.

The following is a list of Policy Documents:

- T1 Protocol for the checking of an anaesthetic machine before use
- T2 Recommended minimum facilities for safe anaesthetic Practice in operating suites
- T3 Recommended minimum facilities for safe anaesthetic Practice in Organ imaging units
- T4 Recommended minimum facilities for safe anaesthetic practice in delivery suites
- T5 Recommended minimum facilities for safe anaesthetic practice for electro-convulsive therapy (ECT)
- T6 Minimum requirements for an anaesthetic record
- T7 Minimum assistance required for the safe conduct of anaesthesia

- P1 Guidelines on monitoring in anaesthesia
- P2 Guidelines for safety in sedation for diagnostic and minor surgical procedures
- P3 Guidelines for postanaesthetic recovery care
- P4 Guidelines for the conduct of epidural analgesia for parturients
- P5 Guidelines on anaesthesia for day surgery
- P6 Privileges in anaesthesia
- P7 Guidelines on quality assurance
- P8 Duties of an anaesthesiologist in hospitals with approved training posts
- P9 Guidelines for transport of the critically ill
- P10 Patient's rights and responsibilities in anaesthesia
- P11 Guidelines on the safe practice of acute pain management
- P12 The handover of responsibility during an anaesthetic

Education Committee

Chairman : Dr. J. Ronald Lo

Recent developments in relation to the areas of responsibility under the Education Committee have significant impact on all Fellows and Members of our College. The following two major issues need your attention.

Continuing Medical Education

All Fellows would have noted that I reported previously that our College is in the process of defining a system of Continuing Medical Education (CME) so that we would be in line with current world trends in this aspect of our maintenance of standards activities, especially in relation to our overseas sister organizations such as the Australia & New Zealand College of Anaesthetists.

The Hong Kong Academy of Medicine (HKAM) is bound by Ordinance to adopt a CME system for continued accreditation of Fellows, and this will have an impact on the administration of the proposed Specialist Register under the new Medical Registration Ordinance. Our College's own proposed CME system that has been formulated many months ago had been sent to the Academy for reference. After reference to the various systems proposed by the Colleges, and after much discussions, the Education Committee of HKAM has now defined a set of basic principles for CME to be applied to all constituent Colleges and has issued guidelines for the formulation of such systems.

Our proposed point-count system fit in largely with the guidelines of HKAM. We only need to modify our system to meet the HKAM guidelines. We have decided, and it has been endorsed by HKAM, that the cycle of CME accreditation will be three years. Fellows who fail to achieve sufficient points within the specified period will be sanctioned by the HKAM. The type of sanction imposed will determined by the HKAM after individual consideration.

The CME system will have to be in place early next year so that Fellows can start documenting their CME activities for the purpose of accreditation towards HKAM recognition . The latest date of implementation of the CME system will be 1st April 1996. Our own Education Committee will be working hard to finalize our system as soon as possible.

Details will be announced as soon as our CME system is confirmed by Council and endorsed by HKAM. It is envisaged that some retrospective accreditation may be considered so that documented activities from 1st January 1996 may be considered for inclusion. So get ready to record your CME activities!

Supervisors of Training Sub-committee

A Supervisors of Trainings Sub-committee (SOTSC) has been established by the Education Committee and Council and has had its first meeting on 17th November 1995. The Vocational Training Programme requirements have been clarified for the Supervisors.

The role of the SOTSC is to be a channel of communication between trainees and the College through the Supervisors of Training (SOT's), and acts also as a forum of discussion for issues related to the HKCA vocational training programeme and its operation in accredited hospitals. The SOTSC will also serve in an advisory capacity in trainee rotation when required.

Obviously the SOTSC is not the only channel of communication between Members and the College. Direct communication with College and Council must be and is possible. One must not forget that this Newsletter is also an avenue of communication between Fellows, Members and College. It is through frequent communications that misunderstandings can be minimized, and problems aired and discussed.

A recent letter in this Newsletter provides food for thought by those who are involved in training of trainees. The SOTSC is also a forum where these matters may be addressed.

Training Requirements for Registered Vocational Trainees

Guidelines for project requirement has been prepared. They will be circulated in due course.

Now that the SOT's have had a chance to discuss the College vocational training programme at the SOTSC, all registered trainees are advised to review their training experience with their SOT to ascertain their status within the College training programme. Any queries should be addressed to the SOTSC or the Education Committee through their SOT in the first instance. We do not claim to be able to cover all potential problems and eventualities, but we will consider and resolve any problems that may arise.

Report of Board of Examination

Chairman: Dr. Tony Gin

Intermediate Examination

The next Intermediate examination will be held in March/April 1996 and the format will be unchanged. Exact dates and external examiners have not yet been confirmed. It is expected that another Intermediate examination will be held later next year in July/August 1996.

Final Examination

The inaugural Final examination, August/September 1995, was widely judged a success and the external examiners were pleased with the standard and the organization of the exam. Four candidates passed: Matthew Chan, Theresa Hui, Cynthia Wong and Steven Wong. The next Final examination will be held in March/April 1996 and the overall format will be unchanged. Exact dates and external examiners have not yet been confirmed. No decision has yet been made regarding holding another Final examination in August/September 1996, although it would certainly be held if there were sufficient candidates.

Report of Board of Censors

Chairman: Dr. S.L. Tsui

HKCA Fellowship Application and HKAM(Anaes) Nomination

The Hong Kong Academy of Medicine has recently issued a new standardized Fellowship Nomination Form. All FHKAM(Anaes) nomination require proper entry of appropriate columns in the form, submission of supporting documents (certified true copies of medical qualifications like MBBS, FANZCA etc) and endorsement by the Hong Kong College of Anaesthesiologists. In order to facilitate application for Fellowship of Hong Kong College of Anaesthesiologists *and* subsequent nomination to Fellowship of the Hong Kong Academy of Medicine. A combined set of Fellowship application forms will be available for use in January 1996. This set consists of an application form for FHKCA and a nomination form for FHKAM(Anaes). Applicants are advised to fill in the appropriate columns of **both** forms and submit simultaneously to the Board of Censors (c/o Department of Anaesthesiology, Queen Mary Hospital, 102 Pokfulam Road, Hong Kong) for our processing. Please note that **two separate sets** of certified copies of supporting document are required for filing of HKCA and HKAM respectively. The College will automatically nominate a successful FHKCA applicant to the Academy, provided that the applicant gives consent to be nominated *and* pledge to pay the necessary charges, in the appropriate column of the FHKCA Application Form. The FHKCA Application & FHKAM(Anaes) Nomination Forms will be available from the **Honorary Secretary** and **Supervisors of Training** of all training hospitals.

Highlights of Council Meetings

54th Council Meeting held on 22nd August, 1995

HKAM Secretarial Support

The president has finalised the plan of installing a computer in the College office.

Ratification of Appointments of Boards & Committees

1. Council ratified the membership appointments of Boards & Committees. Manpower study group was upgraded to a Committee.

Board of Censors

Chairman	Dr. Tsui, S.L.
Secretary	Dr. O'Regan, A.M.
Members	Dr. Lo, R.J.W. Prof. Oh, T.E. Dr. Chan, C.S. Dr. Sudhaman, D.A. Dr. Lau, L.
Ex-officio	HKCA President & Hon Secretary

Board of Examination

Chairman	Dr. Gin, Tony
Members	Dr. Lo, R.J.W. Prof Oh, T.E. Dr. Aun, Cindy Prof. Yang, Joseph Dr. Short, T.G.
Ex-Officio	HKCA President & Hon. Secretary Chairman of Education Committee

Board of Accreditation

Chairman	Dr. C. Yuan
Members	Prof. Oh, T.E. Dr. Wong, S.J. Dr. Lui, Joseph Dr. O'Regan, A.M. Dr. Hung, C.T. Dr. Lau, L Dr. Short, T.G. Dr. Lo, R.J.W. Dr. So, Arthur
Ex-Officio	HKCA President & Hon. Secretary

Education Committee

Chairman	Dr. Lo, R.J.W.
Members	Dr. Wong, S.J. Dr. Aun, Cindy Dr. Rodrigo, Chandra Prof. Oh, T.E. Prof. Yang, Joseph
Ex-Officio	HKCA President & Hon. Secretary Chief Censor, Board of Censors Chairman, Board of Examination

Manpower Study Committee

Chairman	Prof. Yang, Joseph
Members	Dr. Lo, R.J.W. Dr. Law, John

Guidelines Committee

Chairperson	Dr. Kwan, Anne
Members	Dr. Lui, Joseph Dr. Chen, P.P. Dr. Cheng, Agnes

ICU Committee

Chairman	Dr. Buckley, T.A.
Secretary	Dr. So, H.Y.
Members	Dr. So, P.C. Dr. Lo, R.J.W. Dr. Prof. Oh, T.E. Dr. Anandaciva, S Dr. Kung, M.C. Dr. Kerr, D. Dr. Hickling, K. Dr. Yam Loretta
Ex-officio	HKCA President & Hon Secretary

2. Membership of the Resuscitation Committee will be ratified after the President contacts Dr. Moles.

Hong Kong Academy of Medicine

1. The HKAM can only admit new fellows during the AGM. An extra general meeting will be held for fellowship admission during mid-year.
2. The Education Committee of the HKAM will examine the manpower issues of medical specialists. Dr. Ronald Lo is our College representative.

ICU Committee

Council approved the President to seek legal advice on whether College could admit fellows endorsed in Intensive Care.

Board of Examinations

The Council recommended awarding prizes to the best candidates in the Intermediate & the Clinical Anaesthesiology examinations in the form of a medal or a plaque.

55th Council meeting held on 28th September, 1995

ASA Refresher Course lecture book

Hon Treasurer has ordered ASA Refresher Course lecture books for members and fellows at a cost of US\$20 per book.

HKAM

1. The request for a bigger College office in the HKAM building was turned down as the College has fewer than 400 members and fellows.
2. HKAM has finalised its fellowship admission procedures. The HKAM admission application form will be incorporated with the FHKCA application procedures. These will be endorsed by the Censor in Chief on behalf of the College. An extra set of document will be required for submission to the Academy.

Board of Examinations

1. A report on the inaugural Clinical Anaesthesiology examination was made.
2. Council agreed that token payment should be made for helpers, actors and patients involved in OSCE examination.
3. Council approved a subsidy of \$2000 for a College dinner with the external examiners in each examination.

Education Committee

1. Council approved the setting up of a Supervisors of Training Subcommittee.
2. The Education Committee is in the process of drafting College CME programme.
3. Council approved the setting up of a Pain Management Working Group to develop guidelines on minimum standards for Pain Management Services, and on accreditation of Pain Management Services for training. Prof. Yang was invited to chair the group.

ICU Committee

1. Our legal advisors have proposed amendments of the By-laws that will enable the College to admit Intensive Care fellows both by examination and *ad eundem*. The President will discuss with Vice-President of the Academy to seek approval from the Academy. An EGM would be necessary to effect these amendments.

56th Council Meeting held on 26th October, 1995

HKAM

1. FANZCA has been included in the list of exit qualifications by the Education Committee of the HKAM.

Board of Accreditation

1. Dr. Clement Yuan tabled the revised criteria for the approval of Anaesthesiology Training Posts. Council voted in favour of the recommendation that the trainer-to-trainee ratio be revised to 2:3.

Education Committee

1. Dr. Peter Kam will conduct the Basic Science Refresher Course in January, 1996.
2. Some revisions has been made to the Vocational Training Guide. Supervisors of Training will be notified via the Supervisors of Training Subcommittee.
3. HKCA and SAHK will jointly organize an Annual Scientific Meeting. Dr. Lo was appointed the coordinator.

Pain Committee

1. Prof. Yang accepted appointment as chairman of this committee.
2. Appointments of the following members were ratified by the Council.

Chairman	Prof. Yang, Joseph
Secretary	Dr. Tsui, S.L.
Members	Dr. Lee, T.W. Dr. Hung, C.T. Dr. Tong, W.N. Dr. Lam, K.K. Dr. Kwok C.L.
Ex-officio	HKCA President & Secretary Chairman, Guidelines Committee

Hong Kong Academy of Medicine

The Academy Annual General Meeting was held on 2nd October. Dr. Chan Chok-wan, Dr. York Chow, Dr. Hector Ma and Dr. Wong Kwok-kee were elected into the Academy Council basing on the results of the postal election. Prof. Allan Chang was elected as Vice-President (Education and Examinations) after the resignation of Prof. H.K. Ma on her retirement. Twenty-one of our College Fellows were admitted as Academy Fellow during the Academy AGM, making up a total of 143 Academy Fellows for our College.

Academy has also compiled a list of approved "Exit Qualifications", which are those in which examination or assessment is taken only after 6 years of accredited training, and can be regarded as fully complying with the requirements for College and Academy Fellowship without further training or examination. The F.A.N.Z.C.A. qualification has been accepted as one of the Exit Qualifications.

One of the major issues facing the Academy is the proposed Medical Medical Registration (Amendment) Bill 1995. The Bill has been accepted by the Executive Council and is being tabled at the Legislative Council for discussion and approval . The controversy now lies on whether Medical Council may approve a practitioner, who are not Academy Fellows, into the Specialist Register upon the recommendation of the Education and Accreditation Committee of the Medical Council. This essentially creates a dual channel for practitioners to be included in the Specialist Register, which create confusion and is unfair to the Academy. The Academy is of the view that normally there should not be dual channels for inclusion into the Specialist Register, unless on exceptional grounds or with proper justifications. The Academy will pursue on this issue when the Bill is discussed at Legislative Council.

New Appointments

We congratulate the following on their new appointments.

Consultant in Intensive Care:

Ian Tan PYNEH

Senior Medical Officers:

Dr. Tay Bang Leong	Yan Chai Hospital
Dr. Jeffrey Kua	PYNEH
Dr. Duncun Thompson	QEH
Dr. David Chua	PMH

New Members and Fellows

Council approved the admission of the following as

Members of the College:

Dr. Tan Yuen Heng, Peggy
Dr. Tay Beng Aik
Dr. Koay chee Wan, Colin
Dr. Liu Hang Wai
Yip, Eric
Dr. Subhash Jaoria
Dr. Ng Sin Keung

Fellows of the College:

Dr. Ng Kwok Fu
Dr. Fung Chiu Fai
Dr. Ng Siu Keung
Dr. Hui Wan Chun, Theresa
Dr. Wong Ho Shan, Steven
Dr. Cheung Po Wah
Dr. Lee Kai Wai, Dick

Examination Successes

Congratulations to the following members on their examination successes:

FANZCA Part II:

Dr. Mathew Chan
Dr. Cynthia Wong
Dr. Wong Ho Shan, Steven
Dr. Hui Wan Chun, Theresa
Dr. Terence Beh

HKCA Clinical Anaesthesiology
examination:

Dr. Mathew Chan
Dr. Cynthia Wong
Dr. Wong Ho Shan, Steven
Dr. Hui Wan Chun, Theresa

FRCA Part II:

Dr. Chan Pui Lan, Rowena

Stop Press :

An Extra-ordinary General Meeting (EGM) will be held on 17th January 1996 (Wednesday) to amend the By-Laws of the College. This amendment, if passed by the general meeting, will enable the College to admit our members / fellows who have undergone appropriate training in intensive care as stipulated in our training programme as our College Fellows in Intensive Care, abbreviated as F.H.K.C.A. (I.C.) Details of the time and venue of meeting, as well as the amendment will be circulated to you later with an official notice for holding the EGM.

There will be a Congregation for admission of Fellows and a Scientific Meeting following the EGM. Dr. Peter Kam from Royal Prince Alfred Hospital, Sydney will be talking about " Peri-operative Strokes in General Surgery". Dr. Kam will be serving as the College tutor for Primary Examination candidates from 8th to 19th January 1996.

The Hong Kong Medical Council has approved FHKCA as a quotable qualification.