

**Guidelines on Monitored Care by an Anaesthesiologist:**

**Monitored Care by an Anaesthesiologist**

INTRODUCTION

The Hong Kong College of Anaesthesiologists endorses the concept of monitored care provided by an anaesthesiologist for a procedure performed under local anaesthesia or sedation. Monitored care may also be required in special situations such as the intravascular administration of contrast medium in a suspected susceptible patient.

Monitored care may be requested by a surgeon, dentist, obstetrician, physician, endoscopist, radiologist, radio therapist, or other proceduralist.

Because of the general condition of the patient and, in some cases poor access, the provision of monitored care may be exacting and time consuming.

GENERAL PRINCIPLES

1. Monitored care shall include :

1.1 Performance of a pre-anaesthetic consultation in accordance with College Policy Document ‘ *The Pre-Anaesthetic Consultation* ’ (P13).

1.2 Monitoring of the patient, as appropriate, in accordance with College Policy Document ‘ *Monitoring in Anaesthesia* ’ (P1).

1.3 Administration of intravenous sedation, if required, in accordance with College Policy Document ‘ *Sedation for Diagnostic and Minor Surgical Procedures* ’ ( P2 ).

1.4 Other therapeutic measures as required.

1.5 Transfer of the patient, if required, to an appropriate Recovery Area with College Policy Document ‘ *Guidelines for postanaesthetic recovery care* ’ ( P3 ).

2. A record of clinical observations and of drugs administered shall be kept.

3. To ensure that standards of patient care are satisfactory, equipment and staffing of the area in which the patient is being managed should satisfy the requirements in the appropriate College Policy Document regarding recommended Minimum Facilities for Safe Anaesthetic Practice in :

Operating Suites T2  
Organ Imaging Units T3  
Delivery Suites T4

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